



Residential Aged Care Facilities

2010 / 2011 Directory

Disclaimer

Every effort has been taken to ensure the information contained in this directory is accurate. However all information is subject to change. Sutherland Shire Council does not endorse or recommend any of the facilities listed in this directory. All the information is subject to change without notice.

Residential Aged Care Facilities Directory

Making the transition to Residential aged Care is a daunting process, not only for the older person themselves, but their family and friends as well. Often, it is not until the need arises that people go searching for accommodation options available to them. It is important to make an informed decision, therefore Council has developed this directory providing clear definitions about accommodation options, the process which is required to enter such facilities and a list of facilities located within the Sutherland Shire and St George Area.

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1. What is a Residential Aged Care Facility?

1.1 Residential Aged Care Facility

- Residential Aged Care is regulated by the Commonwealth Government.
- Residential Aged Care is for older people who can no longer live at home - Reasons can include illness, disability, bereavement, an emergency, the needs of a carer, family or friends, or because it is no longer possible to manage at home without help.
- Residential aged care homes are owned and operated by people or organisations that have the approval of the government to care for older people. When it is time to choose your aged care home, you will need to know what types of aged care homes are available in your area, as this may affect the cost and services you receive.
- Residential aged care can be offered as either permanent or short term care - Short Term Care is called – Respite Care.

1.2 What types of Residential Aged Care are available?

Care of older people has various components and can be provided in several settings:

- In the consumer's home
- In residential care - nursing homes or hostels – see the 5 steps to follow when you need to move into an aged care home in this directory.

It should be noted that all subsidised aged care services are subject to assessment for eligibility and fees may be payable. There is no automatic right of access to subsidised care and services.

There are currently (2) two types of Residential Aged Care Facilities, low care/hostels and high care/ nursing homes. There are a number of facilities in the community that may have a combination of facilities including retirement villages, self care, low and high care.

Low level care homes (**formerly known as hostels**) generally provide accommodation and personal care, such as help with dressing and showering, together with occasional nursing care. Low care facilities and hostels offer personal and nursing care within the accommodation as well as activity programs.

High level care homes (**previously known as nursing homes**) care for people with a greater degree of frailty, who often need continuous nursing care. Residential aged care facilities offer 24 hour nursing care for those who are no longer able to care for themselves.

Special note: Don't confuse retirement villages with hostels (low level care) or nursing homes (high level care). Some operators of retirement villages promise guaranteed access to such aged care services – a promise they sometimes can't deliver.

If you are unable to continue living in your home or retirement village unit, the **Aged Care Assessment Team (ACAT) ph: 9540 7180** must assess and provide you with approval before you can move into a residential aged care facility.

If you are having difficulty managing in your own home or retirement village unit, the ACAT may be able to arrange a Home and Community Care (HACC) package or Community Aged Care Package (CACCP) to provide help around the house.

When entering residential care, depending on your financial circumstances, you may be asked to pay a basic daily fee which is an additional service fee when admitted to a residential aged care facility.

The Aged Care Assessment Team is a team of health professionals who assesses a person for the level of care they may require in order to receive in-home or residential care. The A.C.A.T Team which covers the Sutherland Shire is based at **South Care, Sutherland Hospital ph: 9540 7540.**

What does an ACAT do?

- ACAT can approve eligibility for entry into residential aged care, in either **low level care** or **high level care**;
- give you information about residential aged care and home care services in your area;
- help you arrange special **respite care** if this is what you require; and
- approve eligibility for a package of community care to help you
- continue living at home or refer you to other services that will help you to continue living at home.

2. Five steps to follow when you need to move into Residential Aged Care

Step 1 Assessing Your Eligibility

A member of an Aged Care Assessment Team (ACAT) will visit you and ask some questions about your lifestyle and your health needs to help work out the best care option for you. With your approval, your doctor may tell the ACAT member about your medical history. You may want your carer, friend or family member to be present.

When the ACAT member has assessed your needs, they may leave you with a copy of a completed assessment, or it may be posted to you, which will tell you whether you are eligible for residential aged care. If you are assessed as eligible, you should keep this copy of the assessment as it is the approval for your move to residential aged care.

ACAT approvals are valid for 12 months from the date the ACAT member signs the assessment form. You will need a new ACAT assessment if you do not move into an aged care home within 12 months of that date, or if your care needs change significantly after you are assessed. Aged Care Assessment Teams are funded by the Australian Government to provide free assessments. If your ACAT has determined that you are in need of residential aged care, either permanently or on a respite basis, you may wish to begin the process of finding an aged care home.

If you are in need of care within the home, Community Aged Care Packages (CACPs) and EACH packages (Extended Aged Care in the Home) are home-based services subsidised by the Commonwealth Department of Health and Ageing (DH&A). An assessment is needed by an [Aged Care Assessment Team \(ACAT\)](#) and fees are charged for these services.

The national [Home And Community Care \(HACC\)](#) programme funds a range of community organisations to provide services to help people stay independent and living in their own home. There is a fee for HACC services. For more information about the HACC Services see the Sutherland Shire Council's **Senior Services Directory**.

To find out if you are eligible for Australian Government support for residential aged care, you will need to be assessed by an Aged Care Assessment Team (ACAT) **02 9540 7175.**

Step 2 Finding an Aged Care Facility

Once you have been assessed by an ACAT as eligible for residential aged care, you may choose to start looking for your future aged care facility. The best way to find an aged care facility that suits you is to visit a range of facilities because each will have benefits and disadvantages. Visiting the residential accommodation will enable you to find out what each can offer you and what the accommodation is like.

You may wish to apply for residency at multiple residential homes, as often there is a waiting list to be accepted. When a vacancy arises, the aged care home makes a decision on who they can accept based on whether or not they can provide for the persons care needs as well as taking into account other business matters. In the event of a place becoming available, the aged care facility will either contact you or your nominated person. If you wish to accept the place, it is advisable to meet with the manager of the aged care facility to discuss your resident agreement. This directory contains a list of aged care homes in the Sutherland Shire and the St George regions.

Step 3 Working out the cost

While the Australian Government helps you with the cost of your residential aged care, by providing funding to age care facilities, it also expects those who are financially able to contribute to the cost. Aged care facilities may charge a number of fees and charges, though you may not have to pay all of them. Before you make a final decision about moving into an aged care home, you may wish to check with your own financial advisers and legal representatives.

Centrelink provides a free financial information service that may be helpful to you. To speak with a **Centrelink Financial Information Service Officer**, please phone **132 300** (free call). If you are a veteran, you may also talk to the financial advisers in the Department of Veterans' Affairs on **133 254** (free call). Residents of a residential aged care facility will not be asked to pay more than they can afford and no resident will pay more than the cost of their care.

The Australian Government has made arrangements to help residents of aged care facilities who may experience difficulty in paying for their care. Hardship provisions exist to help residents who have genuine difficulty paying fees and charges. If you can't afford to pay, these provisions allow your fees and charges to be reduced or waived. In this case, the Government pays a subsidy to the aged care home, so that you can receive the same standard of care as everyone else in Australia's aged care system, regardless of your capacity to pay.

Please contact the **Aged Care Information Line on 1800 500 853** to discuss whether you may be eligible to receive this assistance and to obtain an application form. Alternatively, you may wish to send an email to hardship@health.gov.au.

Residents in aged care can be asked to make two types of payment.

1. Daily care fees contribute towards your daily living costs, such as nursing and personal care, meals, linen and laundry, as well as heating and cooling. These have two parts: a **basic daily care fee** and an additional **income-tested fee** for residents who have a higher income.

2. Accommodation payments contribute towards the cost of your accommodation in an aged care facility. You only pay this if your assets exceed an amount set by the Australian Government. This is agreed with your aged care home when you move in and will be *either*: an

accommodation bond, if you are in low level care, or an extra service place (with low or high level care needs); **or an accommodation charge**, if you are in high level care.

When you move into an aged care facility, either Centrelink or the Department of Veterans' Affairs will assess your income so that the Department of Health and Ageing can work out the amount of income-tested fee you could be asked to pay. Most pensioners will continue to receive the same amount of pension when they enter an aged care facility. Married pensioners may each receive a higher rate of pension, under the Government's special 'separated due to ill health' provision, if one or both members of the couple are in aged care. For more detailed financial information, please telephone **Centrelink general enquiries on 13 23 00**.

Step 4 Applying

The **Aged Care and Respite Information Line on 1800 500 853** provides you with an information booklet that you need to complete. Your carer, family member or friend may complete the form for you if you wish. If you need more help to understand how to apply for an Aged Care facility you can phone a **Commonwealth Carelink Centre on 1800 052 222** for help (this is a free call from any landline).

Step 5 Moving and settling in

Living in a residential aged care facility will be different from the way that you lived before. Not only is it a new environment, but you are living with many people all under one roof. Each aged care facility will have different routines and environments. When you know which facility you're going to live in, you may arrange to visit before you move in, to familiarise yourself with the facility's surroundings. When you move into residential aged care it can also be an anxious time for your carer, your family or friends. Even if there is a sense of relief that an aged care home has been found, the change and adjustment can also leave you feeling with a sense of loss and disorientation as roles change.

Ring the **Aged Care Information Line on 1800 500 853** or visit their website at www.agedcareaustralia.gov.au and follow the links to find helpful and practical information about what to expect when you are moving in to an Aged Care Facility. The Department of Health and Ageing website has issued a booklet called "5 steps to follow when you enter into residential aged care". You can download the full version or the printable version both of which can be found at http://www.health.gov.au/internet/main/publishing.nsf/Content/ageing-rescare-resentry_a.htm-copy2.

3. Useful Information and Contacts

Aged Care Guide

The DPS guide to Aged Care provides comprehensive information about every Commonwealth subsidised Residential Aged Care Facility and Community Care Package in addition to Supported Residential Services, Retirement Living options, Home and Community Care, Products and Services.

Phone: 08 8276 7999

Fax: 08 8276 6300

Mail: DPS Publishing Pty Ltd, 673 Marion Rd, Ascot Park SA 5043

Email: info@dpsguide.com.au

Web: <http://www.agedcareguide.com.au>

Aged & Community Services Association of NSW & ACT Inc

Phone: (02) 8754 0400

Fax: (02) 9743 4556

Location: Level 3, 9 Blaxland Rd, Rhodes, NSW 2138

Web: http://www.agedcareguide.com.au/facility_details.asp?facilityid=14044

The Aged-care Rights Service, NSW

The Aged Care Rights Service (T.A.R.S.) is an advocacy service for residents or prospective residents of aged care facilities, their carers or families, and for people continuing to live in their own homes who are receiving C.A.C.P. or E.A.C.H packages. **ph: 9281 3600.** Including The Older Persons Legal Service (OPLS)

Phone: (02) 9281 3600; Hearing or speech impairment phone: 1300 555 727

Fax: (02) 9281 3672

Location: Level 4, 418A Elizabeth St, Surry Hills, NSW 2010

Web: <http://www.tars.com.au/contact/>

Aged Care Australia Website

The Aged Care Australia Website provides information and resources to make finding an Aged Care Facility less tedious and time consuming. The website offers services such as an Aged Care Home Finder and information regarding how to start your search for an Aged Care Home. The page also provides information on assessing and applying for care, the types of care and services available, what you need to consider before entering into an Aged Care Home, your rights, responsibilities and privileges, the standards of care provided, the likely costs, how to make a complaint as well as providing useful publications and answers to commonly asked questions.

Phone: 1800 500 853

Mail: Aged Care Australia website, Department of Health and Ageing, GPO Box 9848, Canberra ACT 2601

Email: agedcare.website@health.gov.au

Web: <http://www.agedcareaustralia.gov.au>

Aged Care Information Line

The Aged Care Information Line is a service that takes calls about the aged care reforms. The Information Line provides a basic level of assistance with questions regarding Home and Community Care, charges and financial assistance, access to care and legislation.

Phone: 1800 500 853

Australian Government Department of Health and ageing

The Australian Government Department of Health and ageing website provides information promoting active and healthy ageing for consumers and health professionals. The Department of Health and Ageing website provides media releases, transcripts and speeches, programs, campaigns and publications, statistics and resources regarding health, ageing and wellbeing.

Switchboard: 02 6289 1555

Freecall: 1800 020 103

Mail: GPO Box 9848, Canberra ACT 2601, Australia

Web: http://www.health.gov.au/internet/main/publishing.nsf/Content/Aged+Care_+how+to+get+involved_RACFs

Australian Nursing Home Foundation Community Care South East Sydney

Phone: 02 9211 9838

Fax: 02 9211 6018

Email: anhfaged@bigpond.com

Mail: 528 George St, Ultimo NSW 2007 (VHC)

Commonwealth Carelink Centres

Commonwealth Carelink Centres provide an information service to help put older Australians, people with disabilities and those who care for them in touch with a wide range of community,

aged care and disability services. Anyone can visit a centre or receive the information telephoning.

Phone: 1800 052 222

Email: commcarelink@health.gov.au

Web: www.commcarelink.health.gov.au

Commonwealth Respite and Carelink Centres

Commonwealth Respite and Carelink Centres provide information for older people, people with disabilities, their carers and service providers. The Centres provide information on aged care, disability support services as well as other support services in the local area, interstate as well as across states. The information provided is free of charge and confidential.

Freecall: 1800 052 222

Email: commcarelink@health.gov.au, or sharrynl@bensoc.org.au

Location: Level 4, 7-11 The Avenue, Hurstville, NSW, 2220

Seniors Information Service

Provides information on services, issues and activities for older people in NSW including recreational activities, volunteering opportunities, concessions, planning ahead provisions (wills, enduring power of attorney, advanced health care directives), carer supports, access to home-based care, retirement villages, nursing homes and planning a funeral. The service only provides information and referral to appropriate services, it does not provide advice.

Phone: 131 244

Fax: 02 8270 2460

Mail: PO Box 1332, Crows Nest NSW 1585

Email: seniorsinfo@dadhc.nsw.gov.au

Hours: Monday-Friday 9am-5pm

Sutherland Shire Council's Community Directory

Provides contact details and information on a range of local community organisations for all residents.

Phone: 02 9710 0333

Email: ssc@ssc.nsw.gov.au

Web: www.sutherland.nsw.gov.au

Sutherland Shire Council Older People and Disability Services Team

Phone: 02 9710 0563 or 9710 0583

Fax: 02 9710 0594

Location: Level 2, Kirkby House, 33-41 Belmont St, Sutherland NSW 2232

Email: crs@ssc.nsw.gov.au

Mail: Locked Bag 17, Sutherland NSW 1499

Web: www.sutherland.nsw.gov.au

Sutherland Shire Information and Community Services

Generalist community service that offers information, support, advocacy and referral. Some emergency relief available but a referral is required. Public toilets available, JP available on request. Free counselling service, tax help, photocopying and referrals to other organisations.

Phone: 02 9521 8280

Fax: 02 9545 0257

Location: Stapleton Avenue Community Centre, 3A Stapleton Avenue, Sutherland NSW 2232

Email: ssics@bigpond.com

Web: www.sutherlandcommunitycentre.org.au

Hours: Monday-Friday 9am-4:30pm

4. Services in the Home

You should also consider whether you may be able to remain in your own home with some additional support from services.

There are services available that support residents to remain independent in their own homes.

Examples of Home and Community Care Services (HACC) services are: Home Care Service of NSW, Meals on Wheels, centre based day care for the elderly.

Home and Community Care Services may include:

- Personal care - assistance with showering, oral hygiene, toileting, dressing.
- Nursing care - trained staff can assist with dressings, injections, catheter and colostomy care, dialysis and other medical procedures.
- Housework - assistance is provided with meals, housework, washing.
- Basic home maintenance and home modifications.
- Social Support – Group outings and volunteer home visits
- Transport - a person can be assisted to attend medical appointments, shopping trips, social outings.

These services may be provided by government, non-government or private services. Contact services directly to request information about:

- Fees and Charges
- Availability of services – days, time and services
- Whether there are waiting lists for services
- Whether paid staff or volunteers provide the service

For more information about services available contact:

Commonwealth Carelink on Phone: 1800 052 222 or www.commcarelink.health.gov.au

Sutherland Shire Council's Senior Services Directory available at www.sutherland.nsw.gov.au or in hard copy from Sutherland Shire Council and your local Library

Sutherland Shire HACC Development Officer Phone: 9542 6244

5. Low Care Facilities in the Sutherland Shire

Frank Vickery Village

Phone: 9522 6000 **Fax:** 02 9522 5778

101 Port Hacking Rd, Sylvania 2224

Email: fvickeryvillage@wesleymission.org.au

Web: www.wesleymission.org.au

Service Description: Affordable self-care accommodation. Included in the wide range of support services for older people is a 67 bed hostel (low care aged care facility, including 2 respite beds). It is important that those interested in self-care accommodation, now or in the future, contact us, as there is a significant waiting list. A \$200 refundable deposit will secure a position on that waiting list. Applicants for a unit are required to submit a medical report from their doctor, and undertake an assessment interview with our Personal Care Supervisor to ensure their suitability for self-care accommodation.

As well as providing a range of flexicare services to any resident needing them, the Village is funded for, and administers 40 Community Aged Care Packages for the benefit of residents in self-care who need additional support services that can enable them to stay in their own unit for longer.

Hours: Office hours for enquiries 8:30am-4:30pm

Fees: Available (with information kit) on enquiry

Transport: Public bus service at entrance Hurstville/Miranda. Village Shopping buses Tues & Fri

Disability Access: Yes (Ramps, hearing loops, accessible toilet.)

Eligibility: Over 60 years of age, and not in full time employment. Assessed as suitable for self-care accommodation.

Goodhew Gardens / Woolooware Shores

Phone: 9421 5333

2 Alexander Ave, Taren Point 2229

Web: www.wooloowareshores.com.au

Service Description: Assisted living facility in the grounds of Woolooware Shores. Goodhew Gardens offers an innovative approach to care in a comfortable and intimate setting for residents who require additional support. Care available 24 hours a day. **Disability Access:** Yes

Eligibility: ACAT assessment needed

Hellenic Village

Phone: 8543 2000 **Fax:** 02 9525 5044

29H Wandella Rd North, Miranda 2228

Email: hv@stbasilshomes.org.au

Web: www.stbasilshomes.org.au

Service Description: Hellenic Village comprises 40 independent living units (ILUs) and 100 ageing in place rooms, each with en suite. There is a secure dementia specific area.

Ibis Care Big Sister

Phone: 9524 0236 **Fax:** 02 9525 3050

2C Karimbla Rd, Miranda 2228

Email: bigsisiter@ibispl.com.au

Service Description: Provides hostel accommodation for men and women over sixty. 76 bed hostel (all single rooms) and 1 "Respite" room available for short term stay by advance booking.

Hours: Office Mon-Fri 9:00am-4:00pm

Contact: Executive Services Manager: Louise Dowd

Fees: As per Dept Health & Ageing Guidelines

Disability Access: Yes (Accommodation)

Eligibility: Current low level residential or respite care approval by Aged Care Assessment Team (ACAT)

Referral: ACAT

John Paul Village

Phone: 9520 2444 **Fax:** 02 9520 5252

15 The Avenue, Heathcote 2233

Email: enquiries@johnpaulvillage.com.au

Web: www.johnpaulvillage.com.au

Service Description: Provides accommodation for the aged of a type appropriate to their physical requirements. Facilities: self-care units, hostel units and air-conditioned nursing home.

Hours: Mon-Fri 9am-5pm (office hours)

Disability Access: Yes (Ramps, lifts, accessible toilets)

Eligibility: Over 55 yrs. Nursing home and hostel - needs basis and ACAT assessment

Juliana Village

Phone: 9524 8409 **Fax:** 02 9525 3422

52-62 Miranda Rd, Miranda 2228

Email: julianav@bigpond.net.au

Service Description: Accommodation for senior citizens. 19 self-contained units in Juliana Village, 29 self-contained units at Logeman Court, 6 self-contained units in Bimbadeen Avenue, 39 hostel and 2 respite units in Juliana Village.

Contact: Janeene Lewis, Martina Zalm

Disability Access: Yes (Ramp, accessible toilet)

Eligibility: ACAT assessment for hostel units

Nagle Apartments

Phone: 9632 3144 **Fax:** 02 9892 1338

144-150 Flora St, Sutherland 2232

Mail to: Southern Cross Care, Barcom St, Merrylands 2160

Service Description: 40 supported living apartments

Contact: For enquiries regarding availability contact: Merrylands Head Office phone 02 9632 3144

Disability Access: Yes

Percy Miles Villa

Phone: 9545 1773 **Fax:** 02 9545 4244

227-235 Forest Rd, Kirrawee 2232

Email: j.brennan@chcs.com

Service Description: For the frail aged. 40 bed hostel (single rooms with ensuite).

Hours: Office hours: 9am-5pm

Contact: Janette Brennan (administration)

Fees: As per Department of Health & Aged Care recommendations

Transport: Bus service at door

Disability Access: Yes (Ramps, lift, accessible parking.)

Eligibility: Current 2624 certificate from ACAT Low Level Care

Stella Maris Aged Care

Phone: 8522 1200

6 Coast Ave, Cronulla 2230

Web: www.catholichealthcare.com.au/Stella_Maris_Aged_Care.htm

Service Description: Catholic Health Care Services Ltd aged care facility. Hostel and nursing home.

Fees: As set by the Dept of Health & Ageing

Transport: Local Bus Co; Rail line to Cronulla

Disability Access: Yes

Eligibility: ACAT assessment

Thomas Dunlea Court

Phone: 02 9632 3144 **Fax:** 02 9892 1338

88-90 Flora St, Kirrawee NSW 2232

Mail to: Southern Cross Care, Barcom St, Merrylands NSW 2160

Service Description: Aged care hostel offering low-level care.

Contact: For enquiries regarding availability contact: Merrylands Head Office phone 02 9632 3144

Thomas Holt Memorial Village

Phone: 9545 4799 **Fax:** 02 9545 3957

1 Acacia Rd North, Sutherland 2232

Email: admin@thomasholtvillage.com.au

Service Description: Self care accommodation with one and two bedroom units. Residential Aged Care Accommodation both low care (Hostel) and high care (Nursing Home) on site. Charitable community organisation.

Hours: Office Hours Mon-Fri 9am-4pm

Contact: Administration Manager

Disability Access: Yes (Ramps, lift, accessible parking)

Warena Centre for Aged Care

(incorporating Warena Gardens & Warena Village)

Phone: 9541 0366 **Fax:** 02 9541 0360

15 Bangaroo St, Bangor 2234

Email: mwatkiss@bcs.org.au

Web: www.bcs.org.au

Service Description: 81 bed hostel consisting of 1 dementia specific respite bed and 80 permanent beds (29 dementia plus 51 low care mainstream). Warena Village: Cnr Billa Road & Bangaroo Street, Bangor 2234. 10 self contained units .

Contact: Executive Manager: Margaret Watkiss

Fees: Discussed at interview

Disability Access: Yes (Lifts, accessible parking and toilets)

Eligibility: Must be ACAT assessed

Referral: ACAT

6. Low Care Facilities in St George

Amity at Narwee

Phone: 02 9584 9522 **Fax:** 02 9534 3904

59-63 Karne St North, Narwee NSW 2209

Email: narwee@amitygroup.com.au

Web: www.amitygroup.com.au

Service Description: High and Low Aged care

Hours: Mon-Fri 9am-5pm (Office) 24 hour care

Contact: Toni Burnett

Fees: Call for details

Transport: Punchbowl Bus Company Route 942

Disability Access: yes

Alternative Names: Roselands Nursing Home

Banks Lodge

Phone: 02 9534 6655

26 Bridgeview Rd, Beverly Hills NSW 2209

Email: fionee.brooks@unitingcare.org.au

Web: ads.nsw.uca.org.au/services_listing/hostel.htm

Service Description: Nursing home and hostel 78 beds.

Hours: Seven days a week 24 hours a day

Contact: Aged Care Services Manager

Parent Organisation: Uniting Care

Beechwood Aged Care Facility

Phone: 02 9771 2737 **Fax:** 02 9772 1671

3-17 Albert St, Revesby NSW 2212

Email: manager@beechwoodagedcare.com.au

Web: www.conform.com.au

Service Description: Provide hostel and nursing home care for elderly clients. Also has a dementia specific unit caring for residents with dementia and challenging behaviour. Arrange bus trips for residents.

There are 3 diversional therapists and a mobility sister on the staff.

Hours: 24 hours, 7 days. Office 9am - 5pm.

Contact: Director of Nursing

Fees: As set by government. An accommodation bond applies for Hostel residents.

Transport: Bus from Bankstown and Revesby station.

Disability Access: (parking, ramp, toilets).

Eligibility: Aged persons.

Languages spoken: Arabic, Chinese, Hindi, Italian, Spanish.

Parent Organisation: Conform Health Group Pty Ltd

Bethlehem House (Catholic Healthcare)

Phone: 02 9588 5824 **Fax:** 02 9587 9884

30 Montgomery St, Kogarah NSW 2217

Mail to: PO Box 741, Kogarah NSW 1485

Web: www.catholichealthcare.com.au

Service Description: Bethlehem House is a home for the aged, consisting of 32 rooms for permanent residents and one respite room.

Hours: 7am - 9pm (24 hour staff on the site)

Contact: Hostel Manager
Fees: As set down by the Department of Health and Ageing
Transport: Near trains and buses; hostel bus
Eligibility: For over 65 years of age
Parent Organisation: Catholic Healthcare

Blakehurst Aged Care Centre

Phone: 02 9546 2159 **Fax:** 02 9547 2357
20-24 Cheddar St, Blakehurst NSW 2221
Email: bacs@simpsonhealthcare.com.au
Service Description: Private aged care centre owned and operated by Ibis Care. Comprises a 43 bed nursing home and a 40 bed hostel, which has been classified by the Commonwealth Department of Health and Aged Care as an 'Extra Services Facility' (higher than average fees); twenty 1 bedroom serviced apartments and fifteen 2 bedroom villas with garages. Apartments and villas are occupied on a 'life lease' basis and a weekly maintenance fee is charged. Physiotherapy is provided for nursing home residents and diversional therapy including regular bus outings is provided for all residents. 40 bed extra service hostel to open in October 2006.
Hours: 24 hours
Contact: Director of Nursing
Eligibility: No smoking policy in building or grounds

Huntingdon Gardens Aged Care Facility

Phone: 02 9597 1655 **Fax:** 02 9567 8046
1-11 Connemarra St, Bexley NSW 2207
Email: huntingdon11@bigpond.com
Web: www.huntingdowngardens.com.au
Service Description: General nursing home and hostel.
Hours: 24 hours
Contact: Director of Nursing
Fees: Contact for details
Transport: Close to trains (Rockdale station)
Disability Access (Parking, ramps, lift, toilets).
Alternative Names: Huntingdon Residential Aged Care Facility

Macquarie Lodge Aged Care plus The Salvation Army

Phone: 02 9556 6900 **Fax:** 02 9567 5043
171 Wollongong Rd, Arncliffe NSW 2205
Service Description: aged, elderly, frail, nursing home, beds, care, service, low, high, facility, respite
Self care units for 89 residents. Assisted living (hostel) for 49 residents. Nursing and personal care for 65 residents
Contact: Sister Kathy Hons
Languages spoken: Mandarin, Cantonese

Mayflower Retirement Village - Bruce Sharpe Lodge

Phone: 02 9597 2013
110 Frederick St, Rockdale NSW 2216
Email: bsharpe@ol.com.au
Web: www.ageing.nsw.uca.org.au

Service Description: Self care and hostel. 52 places.
Hours: Seven days a week 24 hours a day
Parent Organisation: Uniting Care

Nunyara Aged Care Facility

Phone: 02 9533 0500 **Fax:** 02 9533 0588
8-12 Neilson Ave, Peakhurst NSW 2210
Email: alldritt@grpaco.org.au
Service Description: Aged care facilities, self care villages, aged care hostels and nursing home.
Contact: Facility Manager
Alternative Names: Georges River Presbytery Aged Care
Parent Organisation: Uniting Care Ageing South Eastern Region

Our Lady of Myrtles Aged Care Pty Ltd

Phone: 02 9588 9000 **Fax:** 02 9588 9111
18-20 Garden St, Kogarah NSW 2217
Web: www.myrtles.com.au
Service Description: NESB/Greek, Hostel low level care
Contact: Manager: Lillian Stockall
Languages spoken: Greek

Peakhurst Nursing Home

Phone: 02 9533 4089 **Fax:** 02 9533 4068
18 Henry Lawson Drive, Peakhurst NSW 2210
Email: peakhurstlodge@hotmail.com
Service Description: 110 beds facility. Services provided include low care, 24 hr nursing care, secure dementia section, diversional therapy, podiatry, physiotherapy, aromatherapy, , access to other alternative and allied health professionals by arrangement.
Hours: Mon-Fri 8.30am-4pm (office hours); 9am-8pm (visiting time)
Contact: Director of Nursing
Languages spoken: Cantonese, Tagalog, Portuguese
Parent Organisation: The Sisters of Our Lady of China

Peakhurst Retirement Village

Phone: 02 9408 8011 **Fax:** 02 9584 1399
24 Turpentine Av, Peakhurst NSW 2210
Email: peakhurst@irt.org.au
Web: www.irt.org.au
Service Description: Residential care facility, low level care. 97 self-care units with 24 different floor plans, 70 Hostels on site and 10 bed Dementia unit. 60% resident funded and 40% Department of Housing. 24hr staffing all hostel services, some services available to self-care on fee for service basis.
Hours: 24 hours seven days
Contact: Village Manager

Roberts Lodge

Phone: 02 9533 6176 **Fax:** 02 9533 6180
168-178 Boundary Rd, Peakhurst NSW 2210

Web: http://www.unitingagedcare.org.au/assisted_living.htm#rober

Email: robertslodge.reception@unitingagedcare.org.au

Service Description: Self care and hostel. 64 beds.

Hours: Seven days a week 24 hours a day

Parent Organisation: Uniting Care

Roselands Nursing Home - Paul Cullen Centre

Phone: 02 9584 9522 **Fax:** 02 9534 3904

63 Karne St, Roselands NSW 2196

Service Description: Provides High Care and Low Care services

Contact: Ms Toni Burnett

Transport: Bus Route 942, 941. 10 minute walk from Narwee Station.

Parent Organisation: Amity Group Pty Ltd

Sans Souci Gardens

Phone: 02 9583 1599 **Fax:** 02 9583 1962

188 Chuter Av, Sans Souci NSW 2219

Email: ssg@bensoc.org.au

Web: www.bensoc.org.au

Service Description: Low care aged care facility consisting of 38 units, 36 permanent and 2 respite.

Services provided include personal care, meals cooked, cleaning, laundry and activities. Referral through aged care assessment team - CRAGS.

Hours: 24 hours

Contact: Manager

Fees: Please phone to enquire.

Disability Access (level ground. large bathroom, left for upstairs access, toilets that accommodate wheelchairs.).

Fees: Contact for details

Scalabrini Village Bexley

Phone: 02 9567 1219 **Fax:** 02 9556 1382

28 Harrow Rd, Bexley NSW 2207

Email: svbexley@scalabrini.com.au

Web: <http://www.scalabrini.com.au/bexley.html>

Service Description: Bexley Village provides aged care facilities. The Hostel at the Bexley Village has 85 beds (with 24 beds for a dementia specific unit and 24 self care units). It is a secure unit.

Hours: Mon-Fri 9am-4.30pm (office hours)

Contact: Manager

Fees: Set by the Government

Disability Access (Ramp).

Eligibility: ACCR (Aged Care Client Record)

Parent Organisation: Scalabrini Village Limited

St Bede's Home

Phone: 02 9547 1055 **Fax:** 02 9546 7553

Catholic Healthcare Ltd, 2 Russell Lane, Sth Hurstville NSW 2221

Service Description: aged, care, facility, elderly, frail, bed, hostel

Contact: Mrs Elizabeth Hall

Parent Organisation: Catholic Healthcare Ltd

The Laurels Hostel

Phone: 02 9588 1522 **Fax:** 02 9588 1566

45 English St, Kogarah NSW 2217

Web: www.upa.org.au/regional_offices/syd_south/laurels.shtml

Service Description: The Laurels Aged Care Service which opened in 1979 to accommodate 26 residents. A respite room was added later. The resident's rooms surround the historic, heritage listed home. The Hostel is run by the Care Manager and a dedicated team of carers.

Hours: 24hrs per day; 7 days per week

Contact: Care Manager

Parent Organisation: United Protestant Association of NSW Ltd

Parent Organisation: Hardi Group of Aged Care

Eligibility: ACAT Assessment; must be mobile and non-aggressive

7. High Care Facilities in Sutherland

Cronulla Seaside Aged Care

Phone: 9523 3430

2 Girrilang Rd, Cronulla 2230

Service Description: 40 place nursing home

Eligibility: Must have ACAT assessment

Garrawarra Centre

Phone: 9548 4700 **Fax:** 02 9548 4741

Princes Hwy, Waterfall 2233

Web: www.sesahs.nsw.gov.au/garrawarra.asp

Service Description: Garrawarra Centre is a Dementia Specific Care Facility. State of the art cottages make it a Centre of Excellence providing holistic care to residents with moderate to severe dementia.

Contact: For admission enquiries ph Nurse Manager Residential Care on 02 9548 4767

Transport: No public transport from Waterfall station

Disability Access: Yes

Eligibility: Referral by Aged Care Assessment Team

GyMEA Bay Nursing Home

Phone: 9524 4954 **Fax:** 02 9526 7412

128 Coonong Rd, GyMEA Bay 2227

Email: gadmin@people.net.au

Service Description: Nursing Home

Transport: Southtrans bus service Mon-Fri 2 morning and 2 afternoon services

Disability Access: Yes (Ramps, lift, accessible toilet)

H C Foreman Lodge Nursing Home

Phone: 9522 6181 **Fax:** 02 9522 5647

107 Bellingarra Rd, Miranda 2228

Email: foreman_lodge@wesleymission.org.au

Web: www.wesleymission.org.au/centres/foreman/

Service Description: Provides nursing care and medical treatment for frail aged incorporating planned diversional therapy.

Contact: Deputy Director of Nursing. Alternative phone no. 02 9522 6416

Transport: Bus from Miranda railway station.

Referral: Referral required with appropriate aged care assessment

John Paul Village

Phone: 9520 2444 **Fax:** 02 9520 5252

15 The Avenue, Heathcote 2233

Email: enquiries@johnpaulvillage.com.au

Web: www.johnpaulvillage.com.au

Service Description: Provides accommodation for the aged of a type appropriate to their physical requirements. Facilities: self-care units, hostel units and air-conditioned nursing home.

Hours: Mon-Fri 9am-5pm (office hours)

Disability Access: Yes (Ramps, lifts, accessible toilets)

Eligibility: Over 55 yrs. Nursing home and hostel - needs basis and ACAT assessment

Lark Ellen Nursing Home

Phone: 9521 2855 **Fax:** 02 9545 0430

133 Jannali Ave, Sutherland 2232

Service Description: High Care Facility.

Hours: 24 hours

Contact: Alternative phone no. 02 9521 2339

Fees: As per Government schedule

Transport: Train

Disability Access: Yes

Eligibility: As defined under the Aged Care Act 1997

Miranda Nursing Home

Phone: 9525 3210 **Fax:** 02 9540 5605

268 Port Hacking Rd, Miranda 2228

Mail to: PO Box 154, Miranda 1490

Email: miranda@dohertycare.com.au

Web: www.dohertycare.com.au

Service Description: Fully accredited aged care residential service, provides extensive general, palliative and dementia specific nursing care for chronically ill and geriatric residents. Nursing staff on duty 24 hours every day. Physiotherapy and diversional therapy in a calm, happy, caring environment with a policy of continuous improvement and a formal process that acknowledges User Rights principles. Double rooms provided for married couples.

Hours: 24 hours daily

Fees: As per Commonwealth government fee schedule.

Transport: Bus at door, car parking

Disability Access: Yes

Eligibility: Frail aged "High Care" as assessed by A.C.A.T.

Referral: Referral by aged care assessment team via resident's doctor.

Pacific Heights

Phone: 9522 8581 **Fax:** 02 9522 7310

406 Princes Hwy, Sylvania 2224

Email: pacificheightsnh@swiftdsl.com.au

Service Description: Nursing home with 76 places.

Contact: Alternative phone no 02 9522 9574.

Disability Access: Yes (Ramps, accessible toilet)

Referral: Referral through the Aged Care Assessment Team at Southcare 029540 7540 or by appointment with home.

Sir Thomas Mitchell Aged Care Facility

Phone: 9543 7333 **Fax:** 02 9543 7444

351 Fowler Rd, Illawong 2234

Mail to: PO Box 4072, Illawong 2234

Email: stmnh@tpg.com.au

Service Description: Catering for frail aged and residents with dementia (secure area).

Hours: Office hours Mon-Fri 9am-5pm

Fees: As per govt guidelines

Transport: Connex Southtrans Bus 692 Miranda/Sutherland Padstow

Disability Access: Yes (All on one level)

Stella Maris Aged Care

Phone: 02 8522 1200

6 Coast Ave, Cronulla NSW 2230

Web: www.catholichealthcare.com.au/Stella_Maris_Aged_Care.htm

Service Description: Catholic Health Care Services Ltd aged care facility. Hostel and nursing home.

Fees: As set by the Dept of Health & Ageing

Transport: Local Bus Co; Rail line to Cronulla

Disability Access:

Eligibility: ACAT assessment

Parent Organisation: Trustees of the Sisters of Mercy Parramatta

The Palms Nursing Home

Phone: 9521 2963

454 President Ave, Kirrawee 2232

Service Description: High care facility.

Transport: Close to Kirrawee station

Referral: Referral by Aged Care Assessment Team

Thomas Holt Memorial Village

Phone: 9545 4799 **Fax:** 02 9545 3957

1 Acacia Rd North, Sutherland 2232

Email: admin@thomasholtvillage.com.au

Service Description: Self care accommodation with one and two bedroom units. Residential Aged Care Accommodation both low care (Hostel) and high care (Nursing Home) on site. Charitable community organisation.

Hours: Office Hours Mon-Fri 9am-4pm

Contact: Administration Manager

Disability Access: Yes (Ramps, lift, accessible parking)

Warena Centre for Aged Care

(incorporating Warena Gardens & Warena Village)

Phone: 9541 0366 **Fax:** 02 9541 0360

15 Bangaroo St, Bangor 2234

Email: mwatkiss@bcs.org.au

Web: www.bcs.org.au

Service Description: 81 bed hostel consisting of 1 dementia specific respite bed and 80 permanent beds (29 dementia plus 51 low care mainstream). Warena Village: Cnr Billa Road & Bangaroo Street, Bangor 2234. 10 self contained units .

Contact: Executive Manager: Margaret Watkiss

Fees: Discussed at interview

Disability Access: Yes (Lifts, accessible parking and toilets)

Eligibility: Must be ACAT assessed

Referral: ACAT

8. High Care Facilities in St George

Alloa Aged Care

Phone: 02 9567 6375 **Fax:** 02 9567 2089

34 Bayview St, Arncliffe NSW 2205

Service Description: Provides 24hrs nursing care for the elderly residents. Provides a full range of social activities including bus trips, sing-alongs, club outings, church visits/groups and much more. Red Cross/YMCA visitors scheme. Family support. Dementia care. Excellent diversional therapy program. Hairdresser, physiotherapy, podiatry, optometrist. High care (unsecure) nursing home.

Hours: 24 hour service

Contact: Director of Nursing

Amity at Bexley

Phone: 02 9587 6057; 02 9587 1272

Fax: 02 9588 4414

741-743 Forest Rd, Bexley NSW 2207

Email: info@amitygroup.com.au

Web: www.amitygroup.com.au

Service Description: Nursing Home for the aged. 80 beds, some regular recreational activities, visiting unrestricted, diversional therapy daily. Hairdressing, podiatry services available, doctor of your choice. Physiotherapy and music therapy. Respite care.

Hours: Seven days a week 24 hours a day

Contact: Aged Care Services Manager

Languages spoken: Greek

Amity at Narwee

Phone: 02 9584 9522 **Fax:** 02 9534 3904

59-63 Karne St North, Narwee NSW 2209

Email: narwee@amitygroup.com.au

Web: www.amitygroup.com.au

Service Description: High and Low Aged care

Hours: Mon-Fri 9am-5pm (Office) 24 hour care

Contact: Toni Burnett

Fees: Call for details

Transport: Punchbowl Bus Company Route 942

Disability Access.

Alternative Names: Roselands Nursing Home

Parent Organisation: The Amity Group

Banks Lodge

Phone: 02 9534 6655

26 Bridgeview Rd, Beverly Hills NSW 2209

Email: fionee.brooks@unitingcare.org.au

Web: www.ads.nsw.uca.org.au/services_listing/hostel.htm

Service Description: Nursing home and hostel 78 beds.

Hours: Seven days a week 24 hours a day

Contact: Aged Care Services Manager

Parent Organisation: Uniting Care

Blakehurst Aged Care Centre

Phone: 02 9546 2159 **Fax:** 02 9547 2357

20-24 Cheddar St, Blakehurst NSW 2221

Email: bacs@simpsonhealthcare.com.au

Service Description: Private aged care centre owned and operated by Simpson Health Care.

Comprises a 43 bed nursing home and a 40 bed hostel, which has been classified by the Commonwealth Department of Health and Aged Care as an 'Extra Services Facility' (higher than average fees); twenty 1 bedroom serviced apartments and fifteen 2 bedroom villas with garages. Apartments and villas are occupied on a 'life lease' basis and a weekly maintenance fee is charged. Physiotherapy is provided for nursing home residents and diversional therapy including regular bus outings is provided for all residents. 40 bed extra service hostel to open in October 2006.

Hours: 24 hours

Contact: Director of Nursing

Eligibility: No smoking policy in building or grounds

Botany Gardens Nursing Home

Phone: 02 9588 2557

88-90 Botany St, Carlton NSW 2218

Service Description: 42 bed nursing home. Personal care provided, hairdresser, podiatrist, telephones, library, laundry, newspapers and magazines. Aged extended care.

Languages spoken: Italian, Macedonian, Greek, Indonesian

Eddystone Nursing Home

Phone: 02 9150 7701 **Fax:** 02 9554 9411

3-5 Eddystone Rd, Bexley NSW 2207

Email: eddystone@kennedyhealthcare.com.au

Service Description: General nursing home.

Hours: 24 hours

Contact: Care Manager

Fees: Contact for details

Transport: Close to buses (routes 492, 494)

Disability Access: (Parking, lift, toilet).

Languages spoken: Greek, Hindi, Nepalese, Tagalog

Parent Organisation: Kennedy Health Care

Referral: Referral required from Doctor or Aged Care Assessment Team (ACAT)

Endeavour Nursing Home

Phone: 02 9587 7840

74-76 Rocky Point Rd, Kogarah NSW 2217

Email: endeavour@kennedyhealthcare.com.au

Web: www.kennedyhealthcare.com.au/

Service Description: Endeavour Nursing Home is the founding member of the Kennedy Health Care Group. It is a 63 bed high care facility in the Kogarah/St George area.

Parent Organisation: Kennedy Health Care Group

Fairlea Nursing Home

Phone: 02 9570 8912 **Fax:** 02 9586 2182

11 Hawk St, Penshurst NSW 2222

Email: geeyong_sor@gmail.com

Service Description: General nursing home and hostel accommodation. Also provides ethnic specific services to people from a Chinese speaking background.

Hours: Office hours

Contact: Director of Nursing

Fees: Contact for details

Transport: Close to buses (routes 940, 941)

Disability Access (Parking, ramp, toilet).

Languages spoken: Chinese

Fairmont Aged Care Centre

Phone: 02 9567 2279 **Fax:** 02 9599 1432

20 Dunmore St, Bexley NSW 2207

Email: nickm7@bigpond.com

Web: www.fairmontagedcare.com.au

Service Description: Fairmont Aged Care Centre is a fully Accredited Aged Care Facility. The facility has a total of 44 beds & caters for all types of residents - ranging from those requiring high care down to low care residents. Respite-Care residents are also catered for. Quality driven diversional therapy and therapeutic recreational programs.

Hours: 24 hours

Contact: Director of Nursing

Fees: As per Department of Health & Ageing fees structure.

Transport: Bus Service No.472 from Rockdale train station to facility.

Disability Access (ramps and lift).

Languages spoken: Chinese, Filipino, Russian

Ferndale Gardens Residential Care Facility

Phone: 02 9570 5555; 02 9579 2970

Fax: 02 9580 9517

33 Jersey Av, Mortdale NSW 2223

Service Description: Privately owned high care nursing home. 76 beds of which 44 are frail aged and 32 dementia specific secure unit. Services include 3 meals daily/ laundry and cleaning.

Hours: 24 hours

Contact: Director of Nursing

Parent Organisation: Aspic Holdings Pty Ltd

Hillcrest Nursing Home

Phone: 02 9580 4953; 02 9580 8946

Fax: 02 9580 0338

11 Mimosa St, Oatley NSW 2223

Email: hillcrest@bullet.net.au

Service Description: 80 bed facility, air-conditioned, provide quality care to maintain quality of life.

Hours: 24 hours 7 days

Languages spoken: Mandarin; Cantonese; Italian; Croatian; Rumanian; Hindi; French

Huntingdon Gardens Aged Care Facility

Phone: 02 9597 1655 **Fax:** 02 9567 8046

1-11 Connemarra St, Bexley NSW 2207

Email: huntingdon11@bigpond.com

Web: www.huntingdowngardens.com.au

Service Description: General nursing home and hostel.

Hours: 24 hours

Contact: Director of Nursing

Fees: Contact for details

Transport: Close to trains (Rockdale station)

Disability Access (Parking, ramps, lift, toilets).

Alternative Names: Huntingdon Residential Aged Care Facility

Hurstville Gardens Nursing Centre

Phone: 02 9579 6711 **Fax:** 02 9579 5495

53-59 Gloucester Rd, Hurstville NSW 2220

Service Description: 86 High Care and 24 Low Care bed nursing home for aged people including those with disabilities.

Hours: Information Mon-Fri 9am-5pm

Contact: Mrs Tiko Paul, Director of Nursing

Fees: Vary depending on individual's level of government assistance

Transport: Bus and train close by

Disability Access (Ramps, all disabled facilities).

Eligibility: Assessed by ACAT, require an approved 3020 form

Languages spoken: Cantonese, Italian, Arabic

Parent Organisation: Regis Specialist Care (Macquarie Bank)

Jenny Lyn Nursing Home

Phone: 02 9599 2219 **Fax:** 02 9597 3125

13 Henson St, Brighton Le Sands NSW 2216

Contact: Ms Audrey Heuchttmer

Macquarie Lodge Aged Care Services (Plus The Salvation Army)

Phone: 02 9556 6900 **Fax:** 02 9567 5043

171 Wollongong Rd, Arncliffe NSW 2205

Service Description: aged, elderly, frail, nursing home, beds, care, service, low, high, facility, respite. Self care units for 89 residents. Assisted living (hostel) for 49 residents. Nursing and personal care for 65 residents.

Contact: Sister Kathy Hons

Languages spoken: Mandarin, Cantonese

Menaville Residential Aged Care Facility

Phone: 02 9567 3641 **Fax:** 02 9567 6037

121 Frederick St, Rockdale NSW 2216

Email: menaville@danksgroup.com

Web: www.danksgroup.com/menaville.htm

Service Description: Aged care facility for 46 residents. Services include qualified nursing staff 24 hours per day, 7 days per week, choice of medical practitioner, physiotherapy, dental, hearing, optical and podiatry on request, specialised nursing procedures available, hairdresser, and other services on request.

Hours: 24 hours

Contact: Director of Nursing

Parent Organisation: Danks Group

Nunyarra Aged Care Facility

Phone: 02 9533 0500 **Fax:** 02 9533 0588

8-12 Neilson Ave, Peakhurst NSW 2210

Email: alldritt@grpaco.org.au

Service Description: Aged care facilities, self care villages, aged care hostels and nursing home.

Contact: Facility Manager

Alternative Names: Georges River Presbytery Aged Care

Parent Organisation: Uniting Care Ageing South Eastern Region

Pacific Heights

Phone: 02 9522 8581 **Fax:** 02 9522 7310

406 Princes Hwy, Sylvania NSW 2224

Email: pacificheightsnh@swiftdsl.com.au

Service Description: Nursing home with 76 places.

Contact: Alternative phone no 02 9522 9574.

Disability Access (Ramps, accessible toilet).

Peakhurst Nursing Home

Phone: 02 9533 4089 **Fax:** 02 9533 4068

18 Henry Lawson Drive, Peakhurst NSW 2210

Email: peakhurstlodge@hotmail.com

Service Description: 110 beds facility. Services provided include low care, 24 hr nursing care, secure dementia section, diversional therapy, podiatry, physiotherapy, aromatherapy, , access to other alternative and allied health professionals by arrangement.

Hours: Mon-Fri 8.30am-4pm (office hours); 9am-8pm (visiting time)

Contact: Director of Nursing

Languages spoken: Cantonese, Tagalog, Portuguese

Parent Organisation: The Sisters of Our Lady of China

Rockdale Nursing Home

Phone: 02 9567 5333 **Fax:** 02 9597 6349

22 Woodford Rd, Banksia NSW 2216

Service Description: Accommodation for 70 people. Diversional therapy, hairdressing and laundry facilities.

Hours: 24 hours

Contact: Director of Nursing

Roselands Nursing Home - Paul Cullen Centre

Phone: 02 9584 9522 **Fax:** 02 9534 3904

63 Karne St, Roselands NSW 2196

Service Description: Provides High Care and Low Care services

Contact: Ms Toni Burnett

Transport: Bus Route 942, 941. 10 minute walk from Narwee Station.

Parent Organisation: Amity Group Pty Ltd

Royals Nursing Home

Phone: 02 9587 7610; 02 9587 7661

Fax: 02 9587 1869

82-84 Connemarra St, Bexley NSW 2207

Service Description: A private nursing home with 64 beds for men and women. Bus outings, entertainment for our residents, holidays and birthday parties.

Hours: Mon-Sun 24 hours

Facilities: Disabled toilet, ramps, handrails and car parking

Scalabrini Village Bexley

Phone: 02 9597 1333 **Fax:** 02 9597 6509

34 Harrow Rd, Bexley NSW 2207

Email: svbexley@scalabrini.com.au

Web: www.scalabrini.com.au/village_bexley_lg.shtml

Service Description: The village is a two storey complex. The Nursing Home has 79 beds in single, 2, 3 and 4 bedded rooms. Church services are provided twice a week by Scalabrinian Fathers and Religious Sisters. Chaplains of other denominations are welcome. The building contains dining, recreation and a Chapel. The Village has RAI International via satellite, communal TV and TV's can be installed in all rooms if required. The complex has it's own minibus for the transportation of residents. Public telephone use is provided and hairdressing services are available. Bingo, card games, parties, craft, group and individual activities are organised for the residents wishing to participate. Regular outings are organised, sightseeing trips, picnics and visiting other Villages. Physiotherapy, diversional therapy, podiatry and dental services are provided. 24 hour nursing care is provided by Registered Nurses, Enrolled and Assistant Nurses.

Hours: 24 hours

Contact: Director of Nursing

Languages spoken: predominantly Italian residents

Shangri-la Nursing Home

Phone: 02 9580 4333; 02 9579 6295

Fax: 02 9570 9333

107/109 Carrington Av, Hurstville NSW 2220

Email: menelene.don@shangrilanh.com.au

Service Description: 54 bed nursing home. Long term care, wheelchair accessible, physiotherapy, diversional therapy, podiatrist, hairdresser, optometrist, audiologist. Outings, red cross meetings, church services, aromatherapy and reflexology.

Hours: 24 hours

Contact: Director of Nursing

Languages spoken: Chinese, Mandarin, Cantonese, Fijian, Indian, Tongan, Hindi, Greek, Burmese

Southaven Nursing Home

Phone: 02 9773 8800 **Fax:** 02 9773 9680
11 Queensbury Rd, Padstow Heights NSW 2211

Mail to: PO Box 690, Riverwood NSW 2210

Email: southavennursing@chomes.com.au

Web: www.chomes.com.au

Service Description: An 84 bed nursing home which is part of the Southaven Retirement Village complex.

Hours: 24 hours a day, 7 days a week.

Contact: Director of Nursing

Fees: As per government schedules.

Transport: One Tree Point bus from Bankstown.

Disability Access (fully accessible).

Eligibility: From 65 years.

Parent Organisation: Christadelphian Homes Ltd.

St George Aged Care Centre

Phone: 02 9587 7850 **Fax:** 02 9587 3874

3 Verdun St, Bexley NSW 2207

Email: stgncare@bigpond.com

Service Description: General nursing home.

Hours: 24 hours

Contact: Other phone: 02 9587 7805

Fees: Contact for details

Transport: Close to trains (Kogarah station) and buses (route 455)

Disability Access (Parking, ramp, toilet).

The Bay Nursing Home

Phone: 02 9546 7522 **Fax:** 02 9546 6025

394 Princes Hwy, Blakehurst NSW 2221

Web: www.chomes.com.au

Service Description: Diversional therapy, physiotherapy, podiatry and hair dressing and 24 hour nursing and aged care.

Hours: 24 hours

Eligibility: ACAT approval

Parent Organisation: Christadelphian Aged Care

Wade Lyn Nursing Home

Phone: 02 9579 6711 **Fax:** 02 9579 5495

53-59 Gloucester Rd, Hurstville NSW 2220

Contact: Mrs Patricia Read

9. Low Cost Accommodation

Department of Housing (NSW)

Phone: 9526 4700

Level 2, 14-16 Central Rd, Miranda 2228

Web: www.housing.nsw.gov.au

Service Description: Public housing and rent assistance in the Sutherland Shire.

Temporary Accommodation (through Rentstart)

Emergency Temporary Accommodation.

Hours: Mon, Tue, Thu, Fri 8:30am-4:30pm, Wed 1-4:30pm

Contact: General enquiries 1800 629 212. To report a maintenance issue 131 571.

Disability Access: Yes (Lift)

St George Community Housing

Phone: 9585 1499 **Fax:** 02 9585 1564

Level 3, 8 Crofts Avenue, Hurstville 2220

Mail to: PO Box 348, Hurstville 1481

Email: email@stgeorgecommunityhousing.org.au

Web: www.sgch.com.au

Service Description: St. George Community Housing established in 1985 is a not-for-profit government funded housing provider providing secure, appropriate & affordable community-based rental housing in Sydney for people in housing need & on low and moderate income.

Hours: Mon to Fri 9am to 5pm

Fees: none

Disability Access: Yes (Accessible toilet, ramp, parking)

Eligibility: Eligibility for public housing and need-based assessment required.

10. Glossary of Terms

ACAT

The Aged Care assessment Team provides comprehensive assessment of frail older people in order to determine whether people are suitable for Residential Aged Care, Community Aged Care Packages (CACP) or flexible care such as Extended Aged Care at Home and Transitional Care Programs.

Ageing in Place:

Ageing in Place describes the ability for an individual to continue to live in their own home or within a facility even if their care needs increase.

C.A.C.P.:

Community Aged Care Packages (C.A.C.P.) are planned and managed packages for people who wish to stay in their own homes. C.A.C.P. provides services equivalent to low level care (previously known as Hostel) in the home.

Commonwealth Respite and Carelink Centres

Commonwealth Respite and Carelink Centres provide information for older people, people with disabilities, their carers and service providers. The information provided is free of charge and confidential. Provides information about and contact details for all HACC (Home And Community Care) and Community Care services in your area **ph: 1800 052 222 (free call)**.

H.A.C.C.:

Home and Community Care, Joint State & Commonwealth initiative which provides funding for services to support older people, people with a disability and their carers to be independent and live at home for as long as possible.

E.A.C.H.:

Extended Aged Care in the Home, services equivalent to nursing home level care provided in the home. The EACH Dementia Program (known as EACH D) provides tailored packages of care to frail older people with dementia who experience behaviours of concern. To receive EACH D services, you will be required to have an assessment by the Care Assessment Team (ACAT) or by the Department of Veterans Affairs.

High Level Care Homes:

Formally known as Nursing Home Care, High Level Care Homes cater for people with a greater degree of frailty, who often need continuous nursing care.

Low Level Care Homes:

Formally known as Hostel care, Low Level Care Homes generally provide accommodation and personal care, such as help with dressing and showering, together with occasional nursing care.

Residential Respite Care:

Residential respite care provides short term care when you need it and if you intend to return to the community. Respite care can also be provided in your own home or in a respite care centre. Residential respite care may be used on a planned or emergency basis eg; if you are ill, or to help if your carer is absent for any reason such as illness or holidays.

The Aged-care Rights Service (T.A.R.S.):

The Aged-care Rights Service Inc. is an advocacy service for residents or prospective residents of aged care facilities, their carers or families, residents of retirement villages, and for people continuing to live in their own homes who are receiving C.A.C.P. or E.A.C.H packages. **ph: 9281 3600.**

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